

St. Catherine of Siena Catholic Church
Orange Park, Florida
Confirmation 90 Day Challenge 2021

“They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers” (Acts 2:42).

The Acts of the Apostles records the growth of the early Church both in terms of quantity, but also quality. These four actions of studying the Scriptures, forming community, celebrating the Eucharist, and praying were the foundation of the Christian way of life and still are the same today.

The Second Vatican Council states, “By the sacrament of Confirmation, [the baptized] are more perfectly bound to the Church and are enriched with a special strength of the Holy Spirit. Hence they are, as true witnesses of Christ, more strictly obliged to spread and defend the faith by word and deed” (LG §11). An excellent way to prepare for the Holy Spirit and the graces and responsibilities that come with this gift is to live according to the characteristics of the Christian life in the early Church.

This Confirmation Challenge offers you the opportunity to grow closer to Christ and to the Church through taking on four practices for the next 90 days:

- 1) Read the suggested **Scripture** passage each day of the challenge.
- 2) After reading the Scripture passage, spend 10-15 minutes in **prayer** reflecting on the question that accompanies each passage. Begin with the question, but allow the Holy Spirit to direct your prayer and pay attention to your thoughts, emotions, and reactions during your prayer. Spend time talking with God.
- 3) Attend **Mass** once a week, preferably on Sunday, either in person or online. Alternatively, spend 30 minutes in **Eucharistic Adoration** once a week. (The Adoration Chapel is open Monday-Friday 9:30am-8:00pm.)
- 4) Meet with your Small Christian **Community** formed on the retreat either online, on the phone, or through text at least once a week to support one another in this process and to build a relationship with one another. Help each other grow in faith through mutual encouragement and communication.

Bring this document with you to the Confirmation Rehearsal on April 30 at 6:00pm to show that you have completed this challenge as best as you can.

I, _____, on my honor as a Catholic, have completed this challenge to the best of my ability and humbly request the sacrament of Confirmation to continue to grow in my relationship with Jesus and my Catholic faith.

Signature of Candidate for Confirmation